

remember, I am not admitting that there is anything else in me except a mind.) What, I ask, is this 'I' which seems to perceive the wax so distinctly? Surely my awareness of my own self is not merely much truer and more certain than my awareness of the wax, but also much more distinct and evident. For if I judge that the wax exists from the fact that I see it, clearly this same fact entails much more evidently that I myself also exist. It is possible that what I see is not really the wax; it is possible that I do not even have eyes with which to see anything. But when I see, or think I see (I am not here distinguishing the two), it is simply not possible that I who am now thinking am not something. By the same token, if I judge that the wax exists from the fact that I touch it, the same result follows, namely that I exist. If I judge that it exists from the fact that I imagine it, or for any other reason, exactly the same thing follows. And the result that I have grasped in the case of the wax may be applied to everything else located outside me. Moreover, if my perception of the wax seemed more distinct¹ after it was established not just by sight or touch but by many other considerations, it must be admitted that I now know myself even more distinctly. This is because every consideration whatsoever which contributes to my perception of the wax, or of any other body, cannot but establish even more effectively the nature of my own mind. But besides this, there is so much else in the mind itself which can serve to make my knowledge of it more distinct, that it scarcely seems worth going through the contributions made by considering bodily things.

- 4 I see that without any effort I have now finally got back to where I wanted. I now know that even bodies are not strictly perceived by the senses or the faculty of imagination but by the intellect alone, and that this perception derives not from their being touched or seen but from their being understood; and in view of this I know plainly that I can achieve an easier and more evident perception of my own mind than of anything else. But since the habit of holding on to old opinions cannot be set aside so quickly, I should like to stop here and meditate for some time on this new knowledge I have gained, so as to fix it more deeply in my memory.

DESCARTES

THIRD MEDITATION

The existence of God

I will now shut my eyes, stop my ears, and withdraw all my senses. I will eliminate from my thoughts all images of bodily things, or rather, since

¹ The French version has 'more clear and distinct' and, at the end of this sentence, 'more evidently, distinctly and clearly'.

this is hardly possible, I will regard all such images as vacuous, false and worthless. I will converse with myself and scrutinize myself more deeply; and in this way I will attempt to achieve, little by little, a more intimate knowledge of myself. I am a thing that thinks: that is, a thing that doubts, affirms, denies, understands a few things, is ignorant of many things,¹ is willing, is unwilling, and also which imagines and has sensory perceptions; for as I have noted before, even though the objects of my sensory experience and imagination may have no existence outside me, nonetheless the modes of thinking which I refer to as cases of sensory perception and imagination, in so far as they are simply modes of thinking, do exist within me – of that I am certain. 35

In this brief list I have gone through everything I truly know, or at least everything I have so far discovered that I know. Now I will cast around more carefully to see whether there may be other things within me which I have not yet noticed. I am certain that I am a thinking thing. Do I not therefore also know what is required for my being certain about anything? In this first item of knowledge there is simply a clear and distinct perception of what I am asserting; this would not be enough to make me certain of the truth of the matter if it could ever turn out that something which I perceived with such clarity and distinctness was false. So I now seem to be able to lay it down as a general rule that whatever I perceive very clearly and distinctly is true.²

Yet I previously accepted as wholly certain and evident many things which I afterwards realized were doubtful. What were these? The earth, sky, stars, and everything else that I apprehended with the senses. But what was it about them that I perceived clearly? Just that the ideas, or thoughts, of such things appeared before my mind. Yet even now I am not denying that these ideas occur within me. But there was something else which I used to assert, and which through habitual belief I thought I perceived clearly, although I did not in fact do so. This was that there were things outside me which were the sources of my ideas and which resembled them in all respects. Here was my mistake; or at any rate, if my judgement was true, it was not thanks to the strength of my perception.³

But what about when I was considering something very simple and straightforward in arithmetic or geometry, for example that two and three added together make five, and so on? Did I not see at least these things clearly enough to affirm their truth? Indeed, the only reason for my later judgement that they were open to doubt was that it occurred to me that perhaps some God could have given me a nature such that I was deceived even in matters which seemed most evident. And whenever my

¹ The French version here inserts 'loves, hates'.

² '... all the things which we conceive very clearly and very distinctly are true' (French version).

³ '... it was not because of any knowledge I possessed' (French version).

Cottingham, Stoothcock + Murdoch
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preconceived belief in the supreme power of God comes to mind, I cannot but admit that it would be easy for him, if he so desired, to bring it about that I go wrong even in those matters which I think I see utterly clearly with my mind's eye. Yet when I turn to the things themselves which I think I perceive very clearly, I am so convinced by them that I spontaneously declare: let whoever can do so deceive me, he will never bring it about that I am nothing, so long as I continue to think I am something; or make it true at some future time that I have never existed, since it is now true that I exist; or bring it about that two and three added together are more or less than five, or anything of this kind in which I see a manifest contradiction. And since I have no cause to think that there is a deceiving God, and I do not yet even know for sure whether there is a God at all, any reason for doubt which depends simply on this belief is a very slight and, so to speak, metaphysical one. But in order to remove even this slight reason for doubt, as soon as the opportunity arises I must examine whether there is a God, and, if there is, whether he can be a deceiver. For if I do not know this, it seems that I can never be quite certain about anything else.

37 First, however, considerations of order appear to dictate that I now classify my thoughts into definite kinds,¹ and ask which of them can properly be said to be the bearers of truth and falsity. Some of my thoughts are as it were the images of things, and it is only in these cases that the term 'idea' is strictly appropriate – for example, when I think of a man, or a chimera, or the sky, or an angel, or God. Other thoughts have various additional forms: thus when I will, or am afraid, or affirm, or deny, there is always a particular thing which I take as the object of my thought, but my thought includes something more than the likeness of that thing. Some thoughts in this category are called volitions or emotions, while others are called judgements.

Now as far as ideas are concerned, provided they are considered solely in themselves and I do not refer them to anything else, they cannot strictly speaking be false; for whether it is a goat or a chimera that I am imagining, it is just as true that I imagine the former as the latter. As for the will and the emotions, here too one need not worry about falsity; for even if the things which I may desire are wicked or even non-existent, that does not make it any less true that I desire them. Thus the only remaining thoughts where I must be on my guard against making a mistake are judgements. And the chief and most common mistake which

1 The opening of this sentence is greatly expanded in the French version: 'In order that I may have the opportunity of examining this without interrupting the order of meditating which I have decided upon, which is to start only from those notions which I had first of all in my mind and pass gradually to those which I may find later on, I must here divide my thoughts ...'

is to be found here consists in my judging that the ideas which are in me resemble, or conform to, things located outside me. Of course, if I considered just the ideas themselves simply as modes of my thought, without referring them to anything else, they could scarcely give me any material for error.

Among my ideas, some appear to be innate, some to be adventitious,¹ and others to have been invented by me. My understanding of what a thing is, what truth is, and what thought is, seems to derive simply from my own nature. But my hearing a noise, as I do now, or seeing the sun, or feeling the fire, comes from things which are located outside me, or so I have hitherto judged. Lastly, sirens, hippogriffs and the like are my own invention. But perhaps all my ideas may be thought of as adventitious, or they may all be innate, or all made up; for as yet I have not clearly perceived their true origin.

But the chief question at this point concerns the ideas which I take to be derived from things existing outside me: what is my reason for thinking that they resemble these things? Nature has apparently taught me to think this. But in addition I know by experience that these ideas do not depend on my will, and hence that they do not depend simply on me. Frequently I notice them even when I do not want to: now, for example, I feel the heat whether I want to or not, and this is why I think that this sensation or idea of heat comes to me from something other than myself, namely the heat of the fire by which I am sitting. And the most obvious judgement for me to make is that the thing in question transmits to me its own likeness rather than something else.

I will now see if these arguments are strong enough. When I say 'Nature taught me to think this', all I mean is that a spontaneous impulse leads me to believe it, not that its truth has been revealed to me by some natural light. There is a big difference here. Whatever is revealed to me by the natural light – for example that from the fact that I am doubting it follows that I exist, and so on – cannot in any way be open to doubt. This is because there cannot be another faculty² both as trustworthy as the natural light and also capable of showing me that such things are not true. But as for my natural impulses, I have often judged in the past that they were pushing me in the wrong direction when it was a question of choosing the good, and I do not see why I should place any greater confidence in them in other matters.³

Then again, although these ideas do not depend on my will, it does not follow that they must come from things located outside me. Just as the

1 '... foreign to me and coming from outside' (French version).

2 '... or power for distinguishing truth from falsehood' (French version).

3 '... concerning truth and falsehood' (French version).

61 so far as these acts depend on God, they are wholly true and good; and my ability to perform them means that there is in a sense more perfection in me than would be the case if I lacked this ability. As for the privation involved – which is all that the essential definition of falsity and wrong consists in – this does not in any way require the concurrence of God, since it is not a thing; indeed, when it is referred to God as its cause, it should be called not a privation but simply a negation.¹ For it is surely no imperfection in God that he has given me the freedom to assent or not to assent in those cases where he did not endow my intellect with a clear and distinct perception; but it is undoubtedly an imperfection in me to misuse that freedom and make judgements about matters which I do not fully understand. I can see, however, that God could easily have brought it about that without losing my freedom, and despite the limitations in my knowledge, I should nonetheless never make a mistake. He could, for example, have endowed my intellect with a clear and distinct perception of everything about which I was ever likely to deliberate; or he could simply have impressed it unforgettably on my memory that I should never make a judgement about anything which I did not clearly and distinctly understand. Had God made me this way, then I can easily understand that, considered as a totality,² I would have been more perfect than I am now. But I cannot therefore deny that there may in some way be more perfection in the universe as a whole because some of its parts are not immune from error, while others are immune, than there would be if all the parts were exactly alike. And I have no right to complain that the role God wished me to undertake in the world is not the principal one or the most perfect of all.

62 What is more, even if I have no power to avoid error in the first way just mentioned, which requires a clear perception of everything I have to deliberate on, I can avoid error in the second way, which depends merely on my remembering to withhold judgement on any occasion when the truth of the matter is not clear. Admittedly, I am aware of a certain weakness in me, in that I am unable to keep my attention fixed on one and the same item of knowledge at all times; but by attentive and repeated meditation I am nevertheless able to make myself remember it as often as the need arises, and thus get into the habit of avoiding error.

It is here that man's greatest and most important perfection is to be found, and I therefore think that today's meditation, involving an investigation into the cause of error and falsity, has been very profitable. The cause of error must surely be the one I have explained; for if,

¹ '... understanding these terms in accordance with scholastic usage' (added in French version).

² '... as if there were only myself in the world' (added in French version).

whenever I have to make a judgement, I restrain my will so that it extends to what the intellect clearly and distinctly reveals, and no further, then it is quite impossible for me to go wrong. This is because every clear and distinct perception is undoubtedly something,¹ and hence cannot come from nothing, but must necessarily have God for its author. Its author, I say, is God, who is supremely perfect, and who cannot be a deceiver on pain of contradiction; hence the perception is undoubtedly true. So today I have learned not only what precautions to take to avoid ever going wrong, but also what to do to arrive at the truth. For I shall unquestionably reach the truth, if only I give sufficient attention to all the things which I perfectly understand, and separate these from all the other cases where my apprehension is more confused and obscure. And this is just what I shall take good care to do from now on.

DESCARTES

FIFTH MEDITATION

The essence of material things, and the existence of God considered a second time

There are many matters which remain to be investigated concerning the attributes of God and the nature of myself, or my mind; and perhaps I shall take these up at another time. But now that I have seen what to do and what to avoid in order to reach the truth, the most pressing task seems to be to try to escape from the doubts into which I fell a few days ago, and see whether any certainty can be achieved regarding material objects.

But before I inquire whether any such things exist outside me, I must consider the ideas of these things, in so far as they exist in my thought, and see which of them are distinct, and which confused.

Quantity, for example, or 'continuous' quantity as the philosophers commonly call it, is something I distinctly imagine. That is, I distinctly imagine the extension of the quantity (or rather of the thing which is quantified) in length, breadth and depth. I also enumerate various parts of the thing, and to these parts I assign various sizes, shapes, positions and local motions; and to the motions I assign various durations.

Not only are all these things very well known and transparent to me when regarded in this general way, but in addition there are countless particular features regarding shape, number, motion and so on, which I perceive when I give them my attention. And the truth of these matters is so open and so much in harmony with my nature, that on first

¹ '... something real and positive' (French version).

Cottingham, Stoothoff + Murdoch
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discovering them it seems that I am not so much learning something new as remembering what I knew before; or it seems like noticing for the first time things which were long present within me although I had never turned my mental gaze on them before.

But I think the most important consideration at this point is that I find within me countless ideas of things which even though they may not exist anywhere outside me still cannot be called nothing; for although in a sense they can be thought of at will, they are not my invention but have their own true and immutable natures. When, for example, I imagine a triangle, even if perhaps no such figure exists, or has ever existed, anywhere outside my thought, there is still a determinate nature, or essence, or form of the triangle which is immutable and eternal, and not invented by me or dependent on my mind. This is clear from the fact that various properties can be demonstrated of the triangle, for example that its three angles equal two right angles, that its greatest side subtends its greatest angle, and the like; and since these properties are ones which I now clearly recognize whether I want to or not, even if I never thought of them at all when I previously imagined the triangle, it follows that they cannot have been invented by me.

It would be beside the point for me to say that since I have from time to time seen bodies of triangular shape, the idea of the triangle may have come to me from external things by means of the sense organs. For I can think up countless other shapes which there can be no suspicion of my ever having encountered through the senses, and yet I can demonstrate various properties of these shapes, just as I can with the triangle. All these properties are certainly true, since I am clearly aware of them, and therefore they are something, and not merely nothing; for it is obvious that whatever is true is something; and I have already amply demonstrated that everything of which I am clearly aware is true. And even if I had not demonstrated this, the nature of my mind is such that I cannot but assent to these things, at least so long as I clearly perceive them. I also remember that even before, when I was completely preoccupied with the objects of the senses, I always held that the most certain truths of all were the kind which I recognized clearly in connection with shapes, or numbers or other items relating to arithmetic or geometry, or in general to pure and abstract mathematics.

But if the mere fact that I can produce from my thought the idea of something entails that everything which I clearly and distinctly perceive to belong to that thing really does belong to it, is not this a possible basis for another argument to prove the existence of God? Certainly, the idea of God, or a supremely perfect being, is one which I find within me just as surely as the idea of any shape or number. And my understanding that it

belongs to his nature that he always exists¹ is no less clear and distinct than is the case when I prove of any shape or number that some property belongs to its nature. Hence, even if it turned out that not everything on which I have meditated in these past days is true, I ought still to regard the existence of God as having at least the same level of certainty as I have hitherto attributed to the truths of mathematics.² 66

At first sight, however, this is not transparently clear, but has some appearance of being a sophism. Since I have been accustomed to distinguish between existence and essence in everything else, I find it easy to persuade myself that existence can also be separated from the essence of God, and hence that God can be thought of as not existing. But when I concentrate more carefully, it is quite evident that existence can no more be separated from the essence of God than the fact that its three angles equal two right angles can be separated from the essence of a triangle, or than the idea of a mountain can be separated from the idea of a valley. Hence it is just as much of a contradiction to think of God (that is, a supremely perfect being) lacking existence (that is, lacking a perfection), as it is to think of a mountain without a valley.

However, even granted that I cannot think of God except as existing, just as I cannot think of a mountain without a valley, it certainly does not follow from the fact that I think of a mountain with a valley that there is any mountain in the world; and similarly, it does not seem to follow from the fact that I think of God as existing that he does exist. For my thought does not impose any necessity on things; and just as I may imagine a winged horse even though no horse has wings, so I may be able to attach existence to God even though no God exists.

But there is a sophism concealed here. From the fact that I cannot think of a mountain without a valley, it does not follow that a mountain and valley exist anywhere, but simply that a mountain and a valley, whether they exist or not, are mutually inseparable. But from the fact that I cannot think of God except as existing, it follows that existence is inseparable from God, and hence that he really exists. It is not that my thought makes it so, or imposes any necessity on any thing; on the contrary, it is the necessity of the thing itself, namely the existence of God, which determines my thinking in this respect. For I am not free to think of God without existence (that is, a supremely perfect being without a supreme perfection) as I am free to imagine a horse with or without wings. 67

And it must not be objected at this point that while it is indeed necessary for me to suppose God exists, once I have made the supposition

1 '... that actual and eternal existence belongs to his nature' (French version).

2 '... which concern only figures and numbers' (added in French version).

that he has all perfections (since existence is one of the perfections), nevertheless the original supposition was not necessary. Similarly, the objection would run, it is not necessary for me to think that all quadrilaterals can be inscribed in a circle; but given this supposition, it will be necessary for me to admit that a rhombus can be inscribed in a circle – which is patently false. Now admittedly, it is not necessary that I ever light upon any thought of God; but whenever I do choose to think of the first and supreme being, and bring forth the idea of God from the treasure house of my mind as it were, it is necessary that I attribute all perfections to him, even if I do not at that time enumerate them or attend to them individually. And this necessity plainly guarantees that, when I later realize that existence is a perfection, I am correct in inferring that the first and supreme being exists. In the same way, it is not necessary for me ever to imagine a triangle; but whenever I do wish to consider a rectilinear figure having just three angles, it is necessary that I attribute to it the properties which license the inference that its three angles equal no more than two right angles, even if I do not notice this at the time. By contrast, when I examine what figures can be inscribed in a circle, it is in no way necessary for me to think that this class includes all quadrilaterals. Indeed, I cannot even imagine this, so long as I am willing to admit only what I clearly and distinctly understand. So there is a great difference between this kind of false supposition and the true ideas which are innate in me, of which the first and most important is the idea of God. There are many ways in which I understand that this idea is not something fictitious which is dependent on my thought, but is an image of a true and immutable nature. First of all, there is the fact that, apart from God, there is nothing else of which I am capable of thinking such that existence belongs¹ to its essence. Second, I cannot understand how there could be two or more Gods of this kind; and after supposing that one God exists, I plainly see that it is necessary that he has existed from eternity and will abide for eternity. And finally, I perceive many other attributes of God, none of which I can remove or alter.

But whatever method of proof I use, I am always brought back to the fact that it is only what I clearly and distinctly perceive that completely convinces me. Some of the things I clearly and distinctly perceive are obvious to everyone, while others are discovered only by those who look more closely and investigate more carefully; but once they have been discovered, the latter are judged to be just as certain as the former. In the case of a right-angled triangle, for example, the fact that the square on the hypotenuse is equal to the square on the other two sides is not so

1 '... necessarily belongs' (French version).

readily apparent as the fact that the hypotenuse subtends the largest angle; but once one has seen it, one believes it just as strongly. But as regards God, if I were not overwhelmed by preconceived opinions, and if the images of things perceived by the senses did not besiege my thought on every side, I would certainly acknowledge him sooner and more easily than anything else. For what is more self-evident than the fact that the supreme being exists, or that God, to whose essence alone existence belongs,¹ exists?

Although it needed close attention for me to perceive this, I am now just as certain of it as I am of everything else which appears most certain. And what is more, I see that the certainty of all other things depends on this, so that without it nothing can ever be perfectly known.

Admittedly my nature is such that so long as² I perceive something very clearly and distinctly I cannot but believe it to be true. But my nature is also such that I cannot fix my mental vision continually on the same thing, so as to keep perceiving it clearly; and often the memory of a previously made judgement may come back, when I am no longer attending to the arguments which led me to make it. And so other arguments can now occur to me which might easily undermine my opinion, if I were unaware of God; and I should thus never have true and certain knowledge about anything, but only shifting and changeable opinions. For example, when I consider the nature of a triangle, it appears most evident to me, steeped as I am in the principles of geometry, that its three angles are equal to two right angles; and so long as I attend to the proof, I cannot but believe this to be true. But as soon as I turn my mind's eye away from the proof, then in spite of still remembering that I perceived it very clearly, I can easily fall into doubt about its truth, if I am unaware of God. For I can convince myself that I have a natural disposition to go wrong from time to time in matters which I think I perceive as evidently as can be. This will seem even more likely when I remember that there have been frequent cases where I have regarded things as true and certain, but have later been led by other arguments to judge them to be false.

Now, however, I have perceived that God exists, and at the same time I have understood that everything else depends on him, and that he is no deceiver; and I have drawn the conclusion that everything which I clearly and distinctly perceive is of necessity true. Accordingly, even if I am no longer attending to the arguments which led me to judge that this is true, as long as I remember that I clearly and distinctly perceived it, there are

1 '... in the idea of whom alone necessary and eternal existence is comprised' (French version).

2 '... as soon as' (French version).

no counter-arguments which can be adduced to make me doubt it, but on the contrary I have true and certain knowledge of it. And I have knowledge not just of this matter, but of all matters which I remember ever having demonstrated, in geometry and so on. For what objections can now be raised?¹ That the way I am made makes me prone to frequent error? But I now know that I am incapable of error in those cases where my understanding is transparently clear. Or can it be objected that I have in the past regarded as true and certain many things which I afterwards recognized to be false? But none of these were things which I clearly and distinctly perceived: I was ignorant of this rule for establishing the truth, and believed these things for other reasons which I later discovered to be less reliable. So what is left to say? Can one raise the objection I put to myself a while ago, that I may be dreaming, or that everything which I am now thinking has as little truth as what comes to the mind of one who is asleep? Yet even this does not change anything. For even though I might be dreaming, if there is anything which is evident to my intellect, then it is wholly true.

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Thus I see plainly that the certainty and truth of all knowledge depends uniquely on my awareness of the true God, to such an extent that I was incapable of perfect knowledge about anything else until I became aware of him. And now it is possible for me to achieve full and certain knowledge of countless matters, both concerning God himself and other things whose nature is intellectual, and also concerning the whole of that corporeal nature which is the subject-matter of pure mathematics.²

SIXTH MEDITATION

The existence of material things, and the real distinction between mind and body³

It remains for me to examine whether material things exist. And at least I now know they are capable of existing, in so far as they are the subject-matter of pure mathematics, since I perceive them clearly and distinctly. For there is no doubt that God is capable of creating everything that I am capable of perceiving in this manner; and I have never judged that something could not be made by him except on the grounds that there would be a contradiction in my perceiving it

¹ '... to oblige me to call these matters into doubt' (added in French version).

² '... and also concerning things which belong to corporeal nature in so far as it can serve as the object of geometrical demonstrations which have no concern with whether that object exists' (French version).

³ '... between the soul and body of a man' (French version).

distinctly. The conclusion that material things exist is also suggested by the faculty of imagination, which I am aware of using when I turn my mind to material things. For when I give more attentive consideration to what imagination is, it seems to be nothing else but an application of the cognitive faculty to a body which is intimately present to it, and which therefore exists.

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To make this clear, I will first examine the difference between imagination and pure understanding. When I imagine a triangle, for example, I do not merely understand that it is a figure bounded by three lines, but at the same time I also see the three lines with my mind's eye as if they were present before me; and this is what I call imagining. But if I want to think of a chiliagon, although I understand that it is a figure consisting of a thousand sides just as well as I understand the triangle to be a three-sided figure, I do not in the same way imagine the thousand sides or see them as if they were present before me. It is true that since I am in the habit of imagining something whenever I think of a corporeal thing, I may construct in my mind a confused representation of some figure; but it is clear that this is not a chiliagon. For it differs in no way from the representation I should form if I were thinking of a myriagon, or any figure with very many sides. Moreover, such a representation is useless for recognizing the properties which distinguish a chiliagon from other polygons. But suppose I am dealing with a pentagon: I can of course understand the figure of a pentagon, just as I can the figure of a chiliagon, without the help of the imagination; but I can also imagine a pentagon, by applying my mind's eye to its five sides and the area contained within them. And in doing this I notice quite clearly that imagination requires a peculiar effort of mind which is not required for understanding; this additional effort of mind clearly shows the difference between imagination and pure understanding.

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Besides this, I consider that this power of imagining which is in me, differing as it does from the power of understanding, is not a necessary constituent of my own essence, that is, of the essence of my mind. For if I lacked it, I should undoubtedly remain the same individual as I now am; from which it seems to follow that it depends on something distinct from myself. And I can easily understand that, if there does exist some body to which the mind is so joined that it can apply itself to contemplate it, as it were, whenever it pleases, then it may possibly be this very body that enables me to imagine corporeal things. So the difference between this mode of thinking and pure understanding may simply be this: when the mind understands, it in some way turns towards itself and inspects one of the ideas which are within it; but when it imagines, it turns towards the body and looks at something in the body which conforms to an idea